Our Service

- We are a private, outpatient treatment service for children, adolescents and adults with eating and weight disorders or other eating and body image concerns.

- We provide treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, other atypical eating disorders, weight management and obesity.

- We offer evidence-based treatments and draw on best practice recommendations for eating and weight disorders.

- Treatments include cognitive-behavioural treatment (CBT) for adults and adolescents, and family-based treatment for anorexia nervosa and bulimia nervosa (FBT) for children and adolescents.

Referrals

- To attend our service, you can self-refer or obtain a referral from your GP, psychiatrist, paediatrician or other allied health service provider. We recommend that referrals be made out to the UWA Eating Disorders Service.

- If you wish to claim Medicare rebates for clinical psychology sessions, you will need a referral and Mental Health Care Treatment Plan from your GP.

- All of our clinicians are Clinical Psychologists and are registered with Medicare.

- Our service is not suitable for patients needing intensive day patient or inpatient treatment. Consistent with international treatment guidelines, we are not able to see patients with anorexia nervosa who have a Body Mass Index below 14. In such cases, we would recommend an inpatient admission to improve weight prior to outpatient treatment.
Contact Us

- For all enquiries please contact our Clinic Coordinator on 6488 2644 or email clinic psy@uwa.edu.au.

- Referring practitioners can fax us directly on 6488 2655.

- We are located within The University of Western Australia’s Clinical Psychology unit (Robin Winkler Clinic, Third General Purpose Building, Myers Street in Crawley, see map below).

Service Director, Associate Professor Sue Byrne, T 6488 8079, E sue.byrne@uwa.edu.au